



# YOUR MAP TO ADRA




If you didn't live in a developed country, such as the United States or Australia, where would you live? Chances are you would be in a home without electricity, running water, or a toilet. Your family, with an average of six members, would be sharing a one-room house, probably no larger than your bedroom. In cold weather, you might be living with no heat or appropriate clothing. You might be a refugee without food, water, shelter, or clothes other than those on your back.




Worldwide, more than 800 million people are chronically malnourished, 1.2 billion live on less than \$1 per day, and 1.4 billion people are so poor they cannot meet their basic needs for food and shelter. Hunger, famine and lack of education are confronted daily.

**When you look at the big picture the numbers are staggering.**



That's why the Adventist Development and Relief Agency International (ADRA) is working to change the world one life at a time and wants you to join its work. There is always something each of us can do to lessen the suffering in this world.

**This *Do Something* kit is a tool for caring individuals to help others.**



It's your connection to ADRA. You'll find an opportunity to help the less fortunate. Navigate the pages, find your path to helping others, and *do something*.



FOR MORE INFORMATION, VISIT [WWW.ADRA.ORG](http://WWW.ADRA.ORG) OR CALL 1.800.424.ADRA (2372)

# GUIDEBOOK ON GIVING

WARNING

In the wake of a disaster, we are often inundated by media footage of suffering victims. Immediately, some of us respond by collecting household excesses such as blankets and clothing.

**These items must be washed, disinfected, sorted, packed and shipped. In the end, the cost of preparing the delivery of a used sweater exceeds the cost of simply buying a new one near the disaster area.**

Often, unsolicited goods clog transportation routes, hindering needed supplies from gaining clearance at shipping ports. In addition, by the time supplies arrive after this long process of collecting, sorting, and cleaning, the emergency phase of a disaster is usually over.

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**M**onetary gifts allow ADRA to immediately purchase specific items that survivors need. Most essential relief goods, such as medicines, temporary shelter, tools, clothing, blankets, and latrines can be purchased locally or in neighboring countries at lower prices. In addition to providing these items quickly, purchasing them locally helps stimulate the economy in the disaster area.

**CASH  
IS  
BEST**

**MAKE SURE YOUR MONEY  
FINDS ITS DESTINATION**

**T**o make sure that your monetary gift gets to the location you've intended, be sure to specify the country or project name on your check or tell the operator when you call

**1.800.424.ADRA.**

**O**r, when you donate online at [www.adra.org](http://www.adra.org), make sure to designate the country or project of your choice.



**WE'RE HERE TO HELP YOU**

For information about  
gifts-in-kind donations,

**PLEASE CALL ADRA'S MATERIAL ACQUISITION  
OFFICE AT 1.800.424.ADRA.**

**Thank you for supporting ADRA with your generous donations.**

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***YOUR MAP TO  
HAVING AN***

**ADRA  
YARD  
SALE**

**IDEA:**

**W**e all have items we no longer use or need. Hold an ADRA yard sale and donate the proceeds to ADRA.



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# YARD SALE TIPS

Involve others by holding a group or neighborhood sale.

Many people enjoy contributing to a good cause. Make sure to publicize where the profits are going, such as a specific ADRA development project or disaster response. A yard sale also provides the opportunity to inform your community about ADRA's work, and why you feel compelled to assist those in need.

Be sure to advertise in your church bulletin or any local news media. Make copies of the enclosed flyer and make sure each customer receives one. Send ADRA your news clippings, we'd love to hear about your event.

Make creative price tags. For example, a 25¢ price tag might read "buys one Cashew tree in northern Ghana." A \$20 tag may say "provide clean water to one person in Nicaragua where children die from unclean water." You can even put up the enclosed poster to remind your customers.

DO IT TOGETHER!

GET THE NEWS OUT!

ADVERTISE!

CREATIVE PRICE TAGS!

**PILOT OTHERS IN THE RIGHT DIRECTION:  
MAKE A STATEMENT AGAINST  
POVERTY AND HUNGER!**

**WHO IS REALLY  
HELPING THE  
POOR  
?**

In today's world, rich countries give more than \$50 billion dollars annually to developing nations, yet the United States ranks 20th among developed nations in foreign aid spending.<sup>1</sup> In reality, the United States gives less than half of one percent of the gross national income (GNI) to the world's poor.<sup>2</sup> Each year governments consider plans that may potentially reduce foreign aid to fight world hunger, disease, and poverty.

## ON THE GLOBE

- ✓ 1.2 billion people live on less than \$1 per day.<sup>3</sup>
- ✓ Every day more than 16,000 children under the age of five die as a result of hunger.<sup>4</sup>
- ✓ Every day 20,000 people die from hunger around the world.
- ✓ Nearly three times more people have died from hunger in the last 50 years than the number of people who have died in ALL wars in the past 100 years.<sup>5</sup>
- ✓ The amount of money that the richest one percent of the global population make each year equals what the poorest 57 percent make.<sup>6</sup>

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**B**y contacting the following addresses, you have the opportunity to make a difference. Contact the president, your representative, or your senator and support actions that will allocate more aid to end poverty and hunger.

**GO!**



#### **PRESIDENT OF THE UNITED STATES OF AMERICA**

President (First and Last Name)  
The White House  
1600 Pennsylvania Ave  
Washington, DC 20500  
Email: [president@whitehouse.gov](mailto:president@whitehouse.gov)  
Salutation: Dear Mr./Ms. President

#### **REPRESENTATIVE**

Office of Representative (Name)  
United States House of Representatives  
Washington, DC 20515  
Email at [www.house.gov/writerep](http://www.house.gov/writerep)  
Salutation: Dear Representative (Name)

#### **THE LEADER OF ANOTHER COUNTRY**

(Name), (title)  
(Name of country) Embassy  
The United Nations  
United Nations Plaza  
New York, NY 10017  
Salutation: (Use his or her title)

#### **SENATOR**

Office of Senator (Name)  
United States Senate  
Washington, DC 20510  
Email at [www.senate.gov/contacting](http://www.senate.gov/contacting)  
Salutation: Dear Senator (Name)

#### (Footnotes)

1 Foreign Policy and the Center for Global Development created the CGD/FP Commitment to Development Index (CDI), ranking 21 rich nations on aid, trade, migration, investment, peacekeeping, and environmental policies.

Source: Foreign Policy

2 The net Official Development Assistance (ODA) from the United States to developing countries in 2001 was .11% of the United States' GNI. This is what is commonly known as "foreign aid". The ODA doesn't include other official and private flows.

Source: OECD

3 Source: The Hunger Project, United Nations

4 State of the Food Insecurity in the World, (2002). Food and Agriculture Organization of the United Nations.

5 A Program to End Hunger, (2002). Bread for the World.

6 Human Development Report, (2002). Deepening Democracy in a Fragmented World. United Nations Development Programme.

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# A PATH TO SEND GIFTS THAT LAST A LIFETIME



sample

**A**DRA's *Original Really Useful Gift Catalog* is your chance to give a gift that lasts a lifetime. For example, you can provide an emergency medical kit for a school in rural Azerbaijan, save the life of one child by providing Oral Rehydration Salts (ORS), or help immunize 10 children against all preventable childhood diseases. Those are just three examples of many opportunities to *do something*.

## PUT YOUR COMMUNITY ON COURSE

**Y**ou can also put this catalog to good use by holding a fundraiser. By using the proceeds to purchase gifts from the catalog for your global neighbors, you're helping people less fortunate to help themselves.

**G**ifts range from \$1 to more than \$1,000. So no matter the amount of your gift, or the amount that your group raises, it will go a long way and make a big impact.

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**BACK-  
TO-SCHOOL  
KIT**



**SEND SCHOOL SUPPLIES  
TO KIDS AROUND  
THE WORLD...**

**ADRA is working to meet the educational needs of children who have been denied that opportunity. However, even if education becomes available, educational supplies are often severely lacking.**

**Here's a great way for individuals or groups of any age to help...**

**B**ecause of the shipping and storage costs associated with this project, these kits are accepted only at specific times. Kits are distributed to where they are immediately needed. Do not prepare any kits before calling ADRA's Material Acquisition Office at 1.800.424.ADRA.



**CREATE A  
BACK-TO-SCHOOL  
KIT**



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# WHAT DO I PUT IN IT?

## ALL KITS MUST INCLUDE THE FOLLOWING:

- ✓ Notebook
- ✓ Pencil
- ✓ Pencil sharpener
- ✓ Eraser
- ✓ Ruler
- ✓ Pen

## EXTRA STUFF YOU CAN INCLUDE...FOR FUN!

- ✓ Non-toxic school glue or glue stick
- ✓ Safety scissors (blunt-tipped)
- ✓ Crayons
- ✓ Sticky notes
- ✓ Color markers
- ✓ Stickers
- ✓ Chalk

## DELIVERY INSTRUCTIONS

Make sure you call ahead for authorization to prepare kits and to coordinate the delivery of your kits. Call ADRA's Material Acquisitions Office at 1.800.424.ADRA. Your location determines which storage facility your school kits will be shipped to. You will be responsible for the shipping costs to this location.

## HOW DO I PACKAGE IT?

Put all items into a clear freezer bag and seal it. Place your completed kits in boxes that can be mailed easily.



# TAKE KIDS ON A JOURNEY WITH ADRA

**M**ore than ever, children and youth are eager to volunteer their time and energy to help others. *ADRA's Adventures for Kids* is a great opportunity to promote this spirit of service.

**ADRA is challenging you to lead children on the path toward a ministry of service.**

**A***ADRA's Adventures for Kids* is a nine-day children's program that can be implemented in a variety of settings. Leaders can use as little or as much of the program as they choose. The format of *ADRA's Adventures for Kids* allows you to plan your activities as a two-hour event or three-hour program.

**This is a great way to help children understand the importance of compassion and what ADRA does in more than 120 countries.**



**BEST  
OF ALL  
IT'S FREE!**

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# SOME OF THE FEATURES INCLUDE

In keeping with its international theme, this curriculum is designed as a "world tour" to help children expand their empathy and act on their desire to help others.

**Imagine the impact you can have by guiding kids to care for others worldwide!**

It's a great tool to increase children's awareness of life in other continents and countries.

**EXCITING STORIES**

**EXOTIC FOODS**

**KIDS AROUND THE WORLD CENTER**  
*learn about life in another country*

**KIDS BIBLE CENTER**  
*learn what the Bible says about helping others*

**KIDS CARE CENTER**  
*a creative outlet to do what they've learned*

**ADRA VIDEOS**

**AND MORE!**

**IT'S  
FREE AT  
WWW.ADRA.ORG**

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# YOUR ITINERARY FOR COMMEMORATING WORLD AIDS DAY

ADRA needs your support to reduce the global HIV/AIDS epidemic.

- ✓ According to the World Health Organization (WHO), an estimated 42 million people are living with HIV/AIDS
- ✓ According to United Nations (UN) projections, deaths caused by the HIV/AIDS epidemic will reduce the world's population by 278 million by 2050

December 1st has been designated by the UN as *World AIDS Day*. As such, ADRA annually commemorates *World AIDS Day*, a global awareness effort to educate people about AIDS issues and prevention.

## WHAT CAN YOU DO?

ADRA seeks your partnership in observing *World AIDS Day* and has designed a number of resources to help you *do something* to commemorate *World AIDS Day* within your church, school and community. Resources are available online at [www.adra.org](http://www.adra.org). Be sure to share the information with other leaders in your church, school, and community.

FOR MORE INFORMATION, VISIT [WWW.ADRA.ORG](http://WWW.ADRA.ORG) OR CALL 1.800.424.ADRA (2372)

## RESOURCES MAY INCLUDE

- ✓ AIDS Facts and Quotes
- ✓ Announcements
- ✓ Discussion and Activity Guide for Youth
- ✓ Event Planning Ideas
- ✓ World AIDS Day Poster
- ✓ Sermon Outline

*ADRA may change the materials available as the global HIV/AIDS crisis continues to develop. Please check ADRA's website for the latest resources.*



## TWO OTHER RESOURCES ARE AVAILABLE TO YOU, FREE OF CHARGE

- ✓ A video featuring ADRA's work to combat HIV/AIDS.
- ✓ ADRA's Commemorative World AIDS Day red ribbons.

Please call 1.800.424.ADRA or go online at [www.adra.org](http://www.adra.org) to request the quantity needed. Please allow 10 days for shipping.

**Please show your support and compassion on this important day. Commemoration of World AIDS Day reaches those impacted by HIV/AIDS and can help save lives through prevention education.**

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# YOUR ROUTE TO BECOMING AN ADRA AMBASSADOR!

Many people are interested in supporting ADRA's humanitarian work through events, activities, and different projects around the world—but they just don't know how. They simply need more information. You can help!



ADRA needs you to share the news of our ministry with your church and community. As an ADRA Ambassador, you'll have the opportunity to provide resources and information about ADRA to church leaders and lay members.

Ambassadors work to provide information, increase interest and share ADRA's many opportunities to get involved.

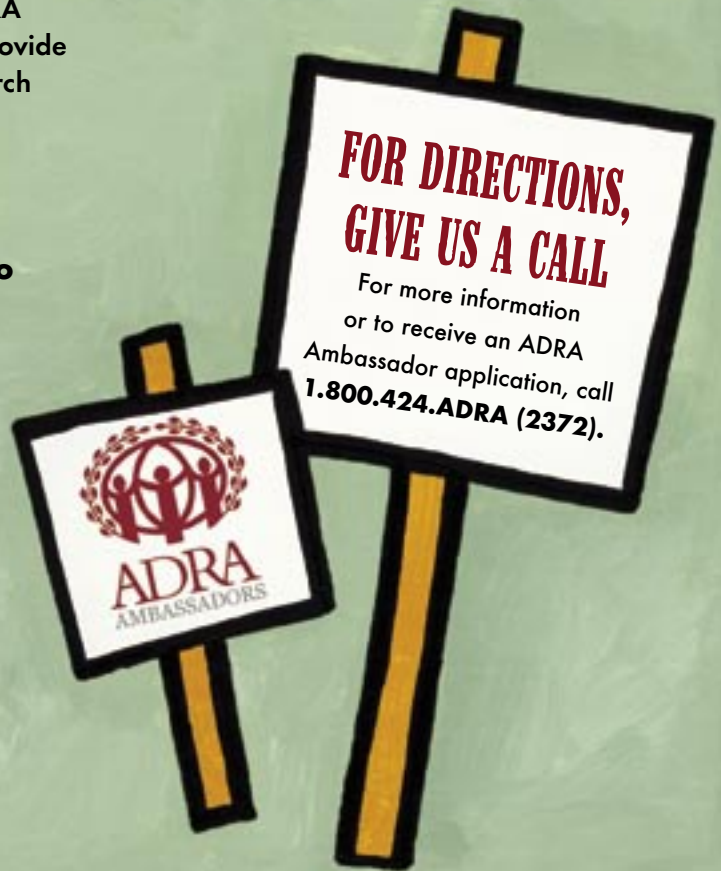
Ambassadors also receive a mailing from ADRA every month, included are:

LATEST NEWS AND UPDATES

STORIES

ADRA VIDEOS

All materials are available free of charge, by request, for distribution.



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